

The Holy Rosary School Counseling Program

The objectives of the Holy Rosary counseling program are:

1. To help all students develop positive self-images.
2. To help all students develop decision making skills.
3. To help all students develop appropriate social skills.
4. To help all students develop good academic skills.
5. To promote drug awareness.
6. To promote career awareness.
7. To help all students cope with the many changes in life.
8. To help all students learn how to solve conflicts.
9. To meet the school counseling needs of the students, teachers, parents and administrators.

What counseling services are offered to the students and parents at Holy Rosary?

- Individual counseling
- Group counseling
- Classroom guidance lessons and programs
- Parent consultations
- Classroom behavioral observations
- Referrals for psychoeducational testing or counseling services
- RAINBOWS : A peer support program for children who have suffered a significant loss in their family. This loss may be due to the separation or divorce of parents, the death of someone close or some other painful loss for the family.

How does my child get to see the school counselor?

- A child may self-refer by asking to see the counselor. A parent will be notified if it is an issue that will require more than one session or if the student is not safe.
- A child may be referred by his/her teacher or principal. When the counselor receives a referral from the teacher or principal, an initial evaluation of the student is made to determine appropriate services and parents will be notified.
- A child may be referred by his/her parent. A parent or guardian may call or email the counselor at any time or schedule an appointment to request services.

Mrs. Caryn Schmitz, MA, LPC

School Counselor

901-685-1231

Caryn.schmitz@hr.cdom.org