

Dear Parents/Guardians,

I hope you all had a wonderful summer and have once again adjusted to the routine of school and learning! I have already had the opportunity to meet many of our new students through Lunch Bunch and am always amazed at how much our returning children have grown and matured! For those who do not know me, my name is Mrs. Caryn Schmitz and this is my 5th year as the School Counselor at Holy Rosary. To read more about what I do and how I can help you or your student(s), please go to www.holyrosarymemphis.org and click on “parents” and then “guidance counselor”. Since Holy Rosary School is “going green”, I will no longer be sending letters or information home with the children. Everything can be found on the website or the Wednesday Newsletter.

Each year I have tried to implement new programs and ways to be available to all our students and families. In the works for this year will be our first Career Day for Elementary School Students. I will also be starting more small groups which will focus on topics like building friendships, getting along with others and social skills. Classroom Guidance lessons will continue every other week for all grades prek4 – 8th grade.

In order to help determine what topics I most need to address in classroom lessons and small group sessions, please complete the short survey and counseling permission form which can be found under “printable forms” on the Holy Rosary website or under “parents” and then “guidance counselor”. The permission form allows me to meet with your child individually. In order to help establish rapport and have an open and trusting counseling relationship with students, I like to inform students and parents that what is said in the counseling session will remain confidential unless there is any concern for your child’s safety. Your child’s safety is my first priority and you will be notified if there is any concern for your child’s safety or well being. I will also contact you if your child has been referred by his/her teacher or if your child requests a meeting. If you have any questions or concerns please contact me by calling the school at 901-685-1231 or by email caryn.schmitz@hr.cdom.org.

Sincerely,

Caryn Schmitz, MA, LPC
School Counselor
Holy Rosary School
www.holyrosarymemphis.org